

Fast Food Compared To Making the Same Meal at Home

To keep it simple, we will use the example of a quarter pound cheeseburger with fries and a soda

Buying Groceries at Aldi

12 quarter pound frozen patties= \$12.65
 Package of 8 buns (x2)= \$2.90
 Jar of dill pickle chips= \$2.49
 Any flavor of 11 cheese slices (x2)=\$4.18
 3 lb bag of onions= \$2.65
 20 oz container of mustard= \$1.05
 38 oz container of ketchup= \$1.95
 32 oz bag of frozen french fries (x2)= \$7.10
 12 pk of Aldi brand Cola= \$4.29

Cost to make 12 quarter pound cheeseburger meals= \$39.26

Cost per meal= \$3.27

Uber ride to get to the store and back= approx. \$12-14 per trip. You would only have to make this trip once to get all ingredients for 12 meals

Total Cost for 12 meals with Uber ride=\$51.26-53.26

Buying Meal from McDonalds



Quarter Pounder with Cheese meal at McDonalds= \$7.79

Cost to buy 12 quarter pound cheeseburger meals= \$93.48

Cost per meal= \$7.79

Uber ride to get to McDonalds and back= approx. \$12-14 per trip, but you would have to make this trip 12 times to get 12 meals, so total cost would be \$144-168

Total cost for 12 meals with Uber ride=\$237.48-261.48

Potential Total Savings making meal at home=\$186.22-210.22

Sources: <https://shop.aldi.us/store/aldi/storefront>, <https://www.mcdonalds.com/us/en-us/product/quarter-pounder-with-cheese.html> and McDonald's App, <https://www.uber.com/us/en/> and Uber App

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