GENERAL ANESTHESIA: WHAT TO EXPECT



Before your Surgery

Your anesthesiologist will meet with you shortly before your surgery to go over your medical history and do an exam



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Relaxation

As having surgery is quite stressful, before going to the operating room, your anesthesiologist will likely give you medication through your IV to help you relax





Arrival to the OR

Your anesthesiologist and nurses will help you get positioned on the OR bed and begin to place monitoring devices on your skin to help them ensure your safety during the surgery





Time to go to Sleep!

Your anesthesiologist will then place a mask over your face and give you medications that help you to fall asleep in less than a minute! They will be monitoring you for the entire surgery to make sure you are safe and have no pain





Time to Wake Up!

Your anesthesiologist will stop the medications that keep you asleep and they will continue to monitor you and give you medication to help with common side effects like pain and nausea after your surgery



Source: https://www.mayoclinic.org/tests-procedures/anesthesia/about/pac-20384568

Disclaimer: Med Ed Materials, 2023. This information is intended to supplement, not contradict, the medical advice of your practitioner. For questions or more info, contact your practitioner.