

HEART FAILURE MEDICATIONS

BEING DIAGNOSED WITH HEART FAILURE CAN BE OVERWHELMING. DESCRIBED BELOW ARE SOME MEDICATIONS THAT YOUR PRACTITIONER MAY PRESCRIBE TO HELP TREAT HEART FAILURE. MEDICATIONS CAN NOT CURE HEART FAILURE, BUT THEY CAN HELP YOUR HEART PUMP BETTER, DECREASE SYMPTOMS, AND SLOW DOWN THE PROGRESSION OF THE DISEASE. EACH MEDICATION WORKS DIFFERENTLY, AND YOUR PRACTITIONER WILL CAREFULLY MANAGE THESE MEDICATIONS TO FIND A BALANCE THAT WORKS FOR YOUR HEART.



ACE INHIBITORS, ARB'S, OR ARNI'S

THESE ACRONYMS CAN BE A MOUTHFUL! THESE MEDICATIONS OPEN YOUR BLOOD VESSELS SO BLOOD CAN FLOW BETTER IN YOUR BODY. WHEN BLOOD CAN FLOW BETTER, YOUR HEART CAN PUMP BETTER. THEY ALSO LOWER YOUR BLOOD PRESSURE.

- ACE INHIBITOR MEDICATION NAMES OFTEN END IN THE LETTERS "PRIL"
- ARB'S OFTEN END IN THE LETTERS "SARTAN"
- ARNI'S ARE THE NEW KID ON THE BLOCK. CURRENTLY THERE IS ONLY ONE – SACUBITRIL-VALSARTAN (ENTRESTO).

SGLT-2 INHIBITORS

ALSO USED IN THE TREATMENT OF DIABETES, THESE MEDICATIONS LOWER YOUR RISK OF HOSPITALIZATION FOR HEART FAILURE. THESE MEDICATIONS END IN THE LETTERS "GLIFLOZIN".

DIURETICS (WATER PILLS)

THESE MEDICATIONS GET RID OF EXTRA FLUID IN YOUR BODY TO HELP YOUR HEART PUMP BETTER. WITHOUT THE EXTRA FLUID, IT WILL BE EASIER FOR YOU TO BREATHE. THEY ALSO REDUCE SWELLING IN YOUR BELLY, FEET, AND LEGS, AND LOWER YOUR BLOOD PRESSURE. THESE MAY CAUSE YOU TO PEE MORE FREQUENTLY. THEIR NAMES USUALLY END IN THE LETTERS "IDE", WITH A FEW EXCEPTIONS.

IVABRADINE (CORLANOR)

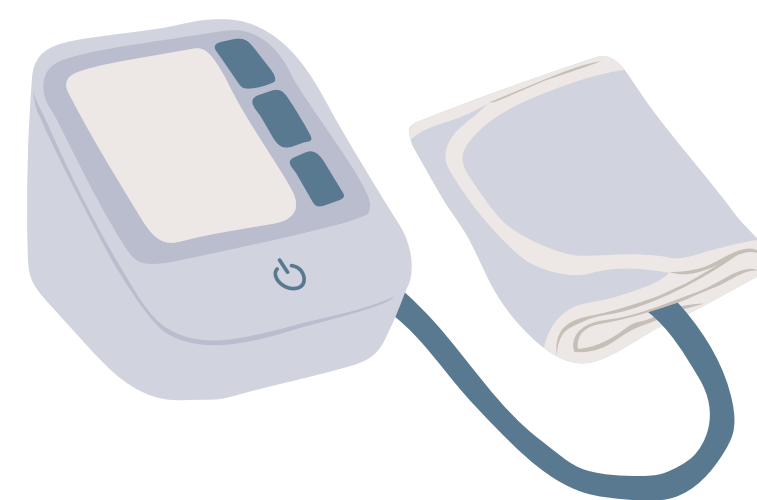
THIS MEDICATION SLOWS DOWN YOUR HEART RATE BY BLOCKING A CHANNEL ON YOUR CELLS CALLED AN I(F) CHANNEL.

BETA BLOCKERS

BETA BLOCKERS HELP LOWER BLOOD PRESSURE, HELP YOUR HEART PUMP BETTER, AND DECREASE HOW HARD YOUR HEART HAS TO WORK. THEY ALSO HELP KEEP YOUR HEART RHYTHM NORMAL. THEIR NAMES USUALLY END IN THE LETTERS "LOL" – NOT TO BE CONFUSED WITH THE COMMON TEXTING PHRASE.

MRA'S

MORE ACRONYMS??? MRA STANDS FOR MINERALOCORTICOID RECEPTOR ANTAGONIST, ALSO CALLED ALDOSTERONE ANTAGONISTS. THESE WORK BY RAISING POTASSIUM IN YOUR BLOOD, AND PREVENT STRESS HORMONES FROM MAKING YOUR HEART FAILURE WORSE. THEIR NAMES USUALLY END IN THE LETTERS "ONE".



HYDRALAZINE AND ISOSORBIDE DINITRATE

THESE TWO MEDICATIONS ALSO OPEN UP BLOOD VESSELS SO BLOOD CAN FLOW BETTER TO THE HEART, AND LOWER BLOOD PRESSURE.

DIGOXIN

THIS MEDICATION SLOWS DOWN YOUR HEART RATE, HELPS PEOPLE WITH ATRIAL FIBRILLATION (A FIB), AND HELPS PEOPLE WHO STILL HAVE SYMPTOMS DESPITE TAKING OTHER MEDICATIONS.

