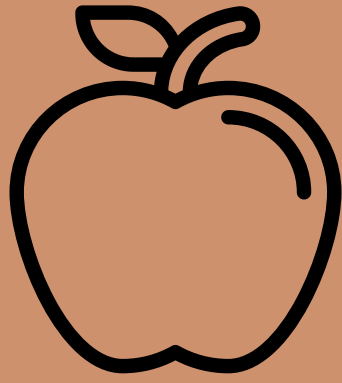


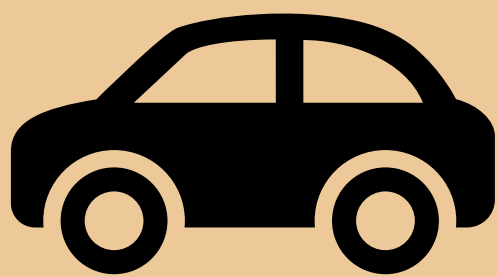


# HELPFUL SERVICES FOR SENIORS IN ILLINOIS



## SENIOR FARMERS MARKET NUTRITION PROGRAM

Provides financial assistance for low income seniors to buy fresh produce from participating farmers markets in 37 counties in Illinois



## RIDES IN SIGHT

Rides in Sight is an information and referral service that connects older and visually impaired adults with transportation options in their local area



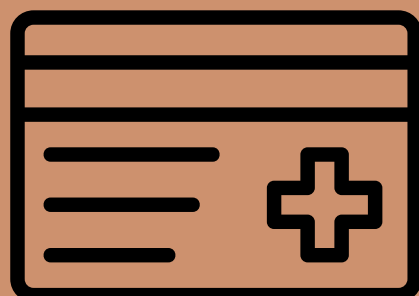
## SENIOR HELP LINE: 1-800-252-8966

The Illinois Department on Aging Senior HelpLine offers information on local resources for adults 60 years or older and their caregivers



## IN-HOME SERVICE

The Illinois Department on Aging's In-Home Service provides seniors with access to home care aides, who can assist with household and personal care tasks



## SENIOR HEALTH INSURANCE PROGRAM

Illinois program that provides free health insurance counseling for individuals eligible for Medicare and their caregivers

**Disclaimer:** Med Ed Materials, 2024. This information is intended to supplement, not contradict, the medical advice of your practitioner. For questions or more info, contact your practitioner.

Sources: <https://www.dhs.state.il.us/page.aspx?item=30521>

<https://ridesinsight.org/about-rides-in-sight/>

<https://ilaging.illinois.gov/resources/helpline-main.html>

<https://ilaging.illinois.gov/programs/homemaker.html>

<https://ilaging.illinois.gov/ship.html>