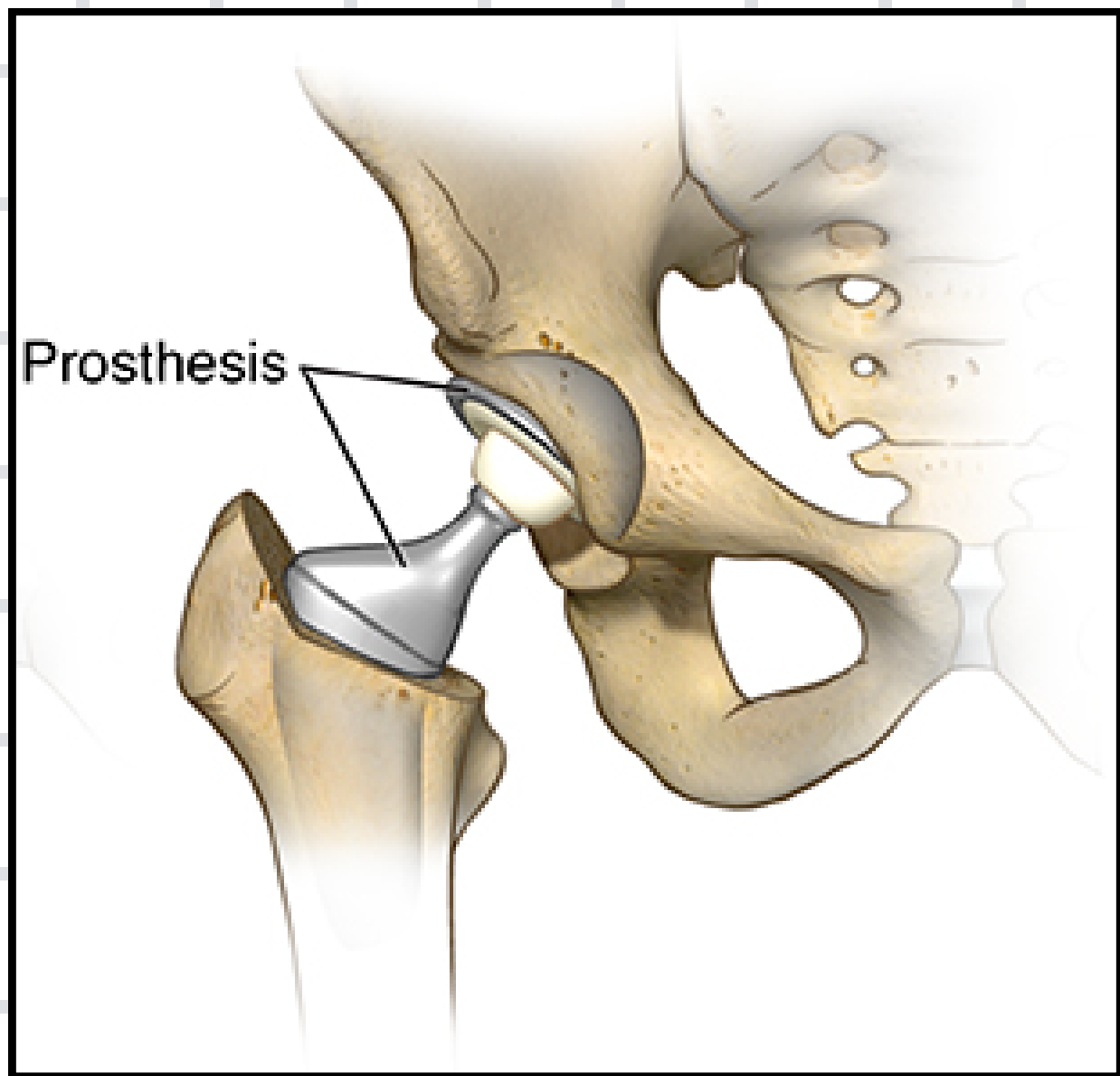


HIP REPLACEMENT (THA)

INDICATIONS, APPROACHES, AND RECOVERY



HIP ANATOMY

- The hip is a ball (**femur**) and socket (**pelvis**) joint
- THA replaces both parts with a **ceramic** ball and **metal** socket
- The implant may be **cemented** or **uncemented**

WHO CAN BENEFIT

- Recommended for **osteoarthritis**, avascular necrosis, hip fracture
- At first your doctor may recommend **joint injections** and physical therapy
- When **quality of life** suffers, it may be time for THA

SEE OUR JOINT INJECTIONS POSTER FOR MORE INFO!



APPROACHES

The surgeon may access the hip from different angles:

- Front (small risk of **numbness**)
- Side (small risk of **weakness**)
- Back (small risk of **dislocation**)

RECOVERY

- On average, surgery takes **2 hours**
- Most stay in the hospital for **1 to 3 days**
- Recovery can take **2 to 4 weeks**
- On average, implants last **20 to 30 years**

DISCLAIMER

Med Ed Materials, 2023. This information is intended to supplement, not contradict, the medical advice of your practitioner. For questions or more info, contact your practitioner

SOURCE

<https://www.hopkinsmedicine.org/health/treatment-tests-and-therapies/hip-replacement-surgery>