

# HOW TO USE OUR MATERIALS:

## PATIENTS

# Med Ed Materials

### Get started:

- **Free** and easy to download and use!
- Our posters are meant to **supplement** not **contradict** the medical advice of your practitioner
- **Download** our app from the iOS App Store to gain instant access to over 50 posters!

### Empower yourself:

- **Find** community resources (free clinics, food pantries) and affordable health insurance
- **Improve** wellness (sleep, diet, hygiene)
- **Discover** an evidence based weight loss plan
- **Learn** more about preventative medicine (screening guidelines) and common office procedures



## ANTIBIOTICS



### WHAT ARE ANTIBIOTICS?

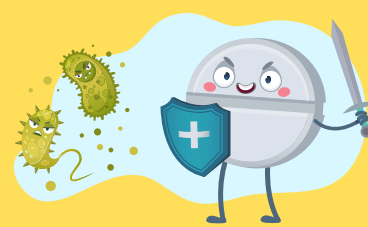
Antibiotics are a group of medications used to treat bacterial infections such as strep throat. Antibiotics are not effective against viral or fungal infections

#### OFFENSE

Penicillins attack the bacterial cell wall. Other antibiotics, such as macrolides, attack bacterial protein production

#### DEFENSE

Bacteria may have a strong defense against attacks from certain antibiotics but not others



#### SIDE EFFECTS

Stomach upset, rash, sensitivity to light, and fungal infections may occur with prolonged use

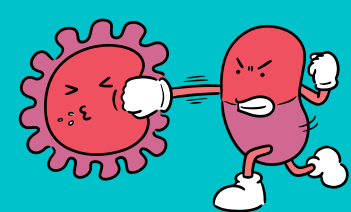
#### ASK YOUR DOCTOR

Certain antibiotics may worsen infection and not be recommended during pregnancy or with certain skin and heart conditions

### BACTERIAL INFECTIONS

Bacteria may cause common and life threatening conditions such as:

- Meningitis
- Ear infections
- Pneumonia
- Sinusitis
- Urinary tract infections



### SOURCE

<https://www.medicalnewstoday.com/articles/10278>

**Disclaimer:** Med Ed Materials, 2023. This information is intended to supplement, not contradict, the medical advice of your practitioner. For questions or more info, contact your practitioner.



### RESISTANCE

Misuse or overuse of antibiotics may make them less effective. Take as prescribed and do not share with others

[www.mededmaterials.org](http://www.mededmaterials.org)

[www.mededmaterials.org](http://www.mededmaterials.org)

Vibrant colors and dynamic illustrations

Evidence-based sources

Quickly access other materials found on [mededmaterials.org](http://mededmaterials.org)

High quality content