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LOCAL FOOD PANTRIES

Eligibility: some open to anyone, others have residency or income requirements

Availability: some may invite eligible households to shop weekly or bimonthly



clean water

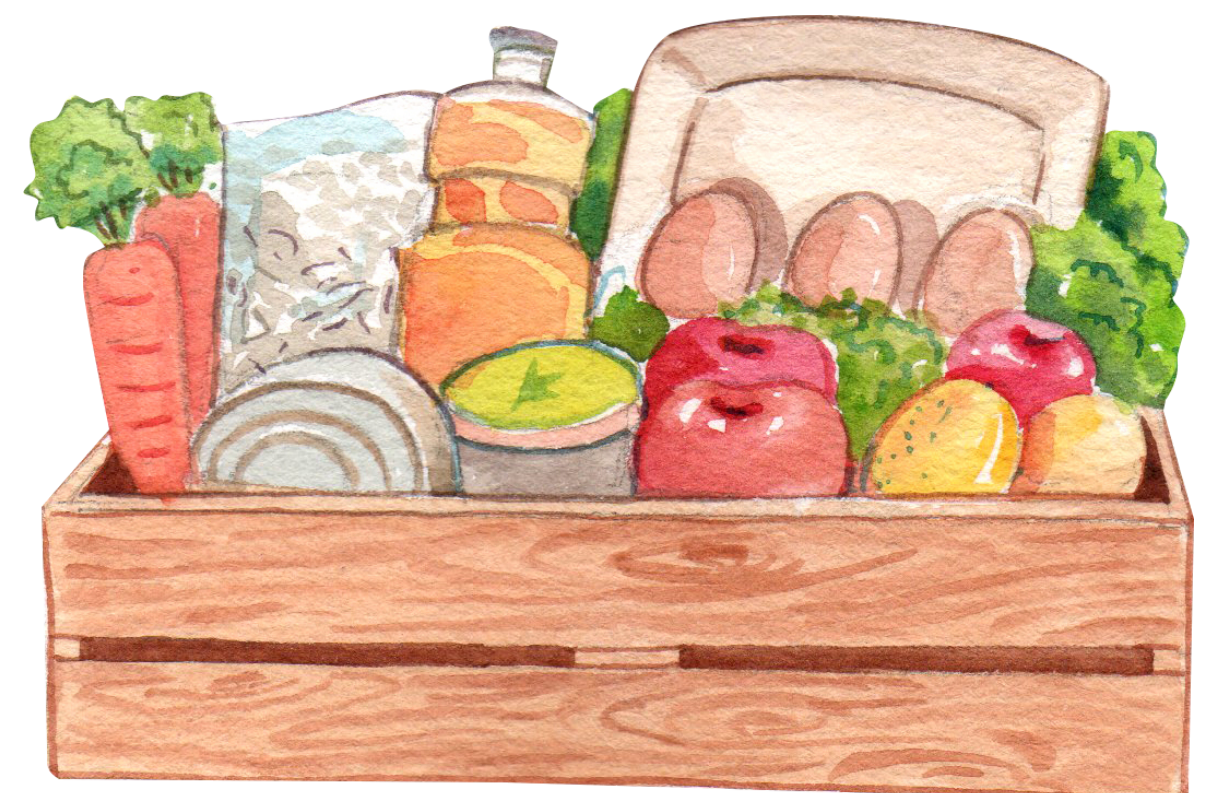
frozen meats and nonperishables

fresh fruit and vegetables

toiletries

bread and dairy

baby formula



WANT TO LEARN MORE?

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Disclaimer: Med Ed Materials, 2023. This information is intended to supplement, not contradict, the medical advice of your practitioner. For questions or more info, contact your practitioner.

