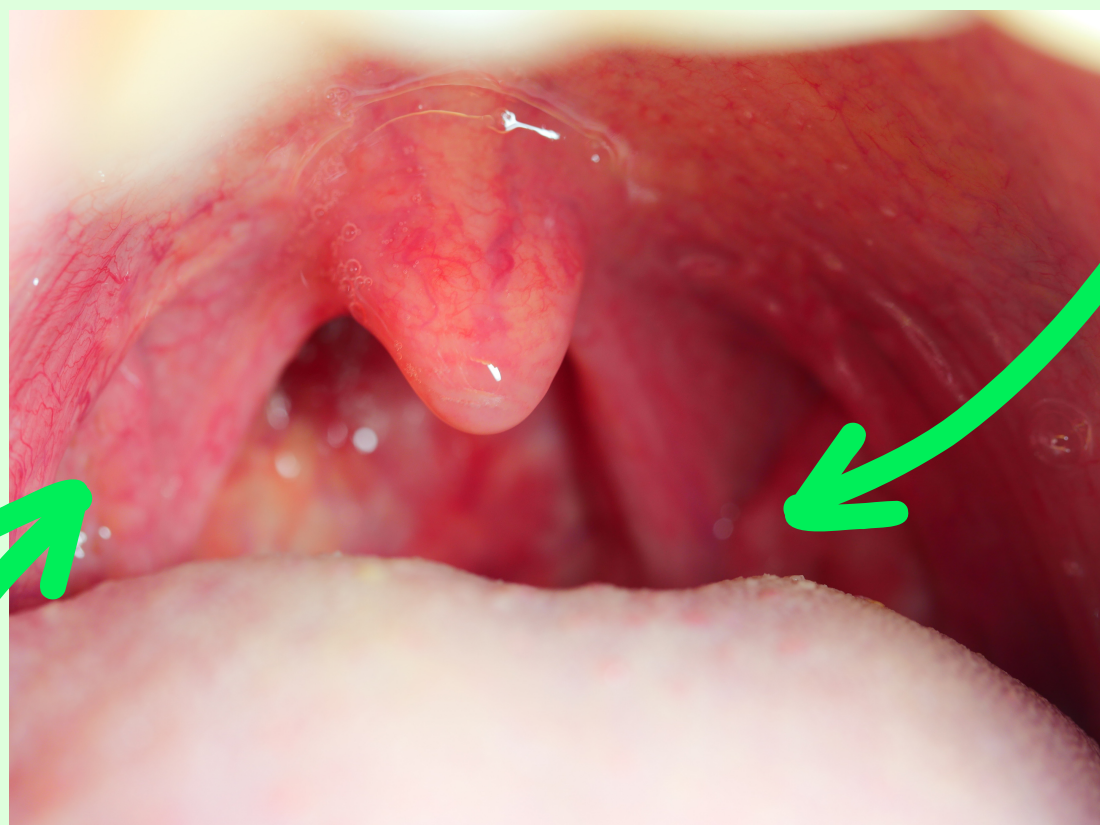
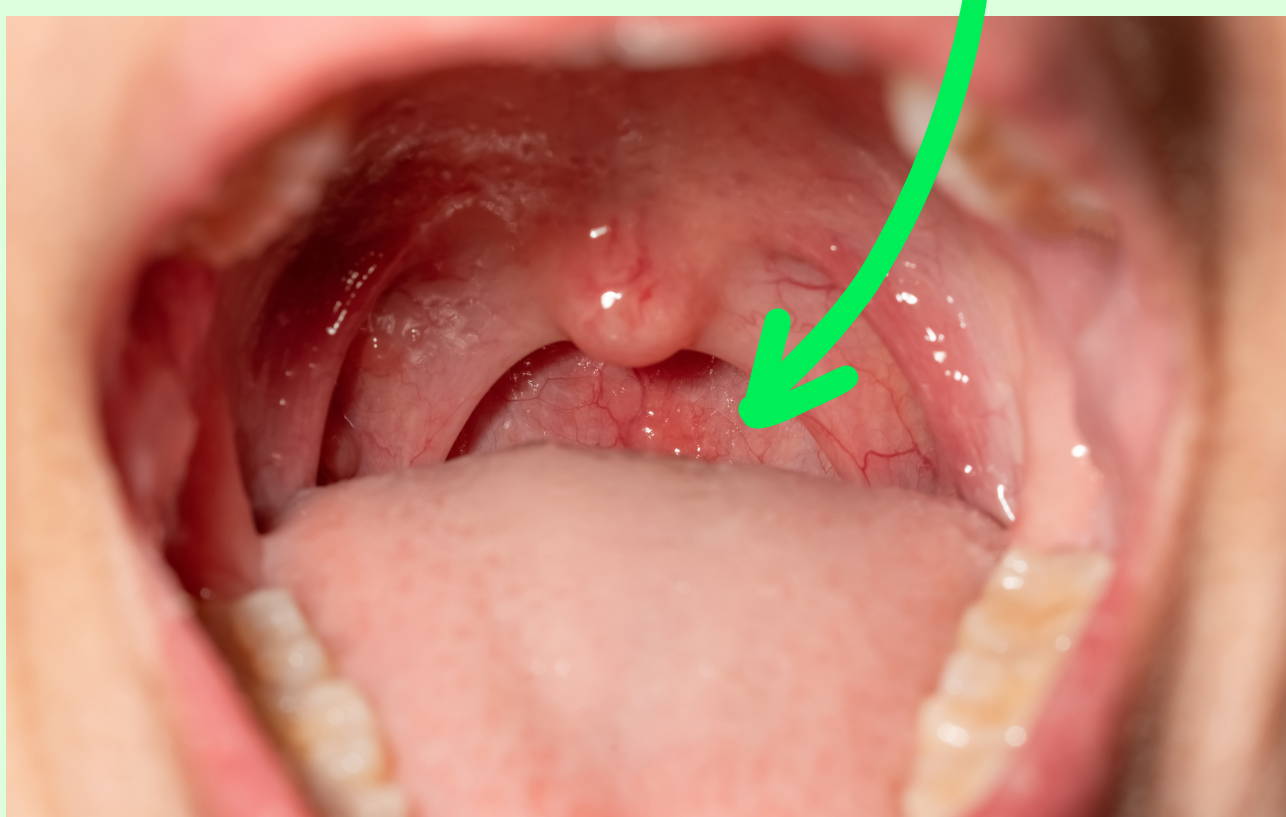


Telemedicine: How to Image Your Throat

Good Picture



Good visualization of your tonsils on the side of your throat



Good visualization of your oropharynx in the back of your throat

Bad Picture



Bad visualization of the back of your throat and tonsils



Tips For a Good Image

- Use the flash on your camera
- Taking a video with flash on may be easier than a picture
- Focus the camera on the very back of the throat
- Say "Ahhhhh" or "Ehhhhh"
- Move your tongue while saying "Ahhhhh" or "Ehhhhh"
- Retake the picture or video if needed

For more information visit www.mededmaterials.org

Sources: <https://www.mayoclinic.org/throat-anatomy/img-20006208>

Disclaimer: Med Ed Materials, 2023. This information is intended to supplement, not contradict, the medical advice of your practitioner. For questions or more info, contact your practitioner.

