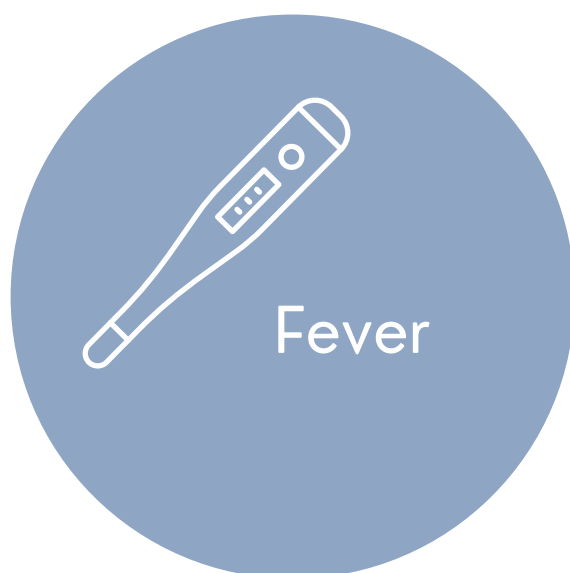


Tylenol vs. Ibuprofen

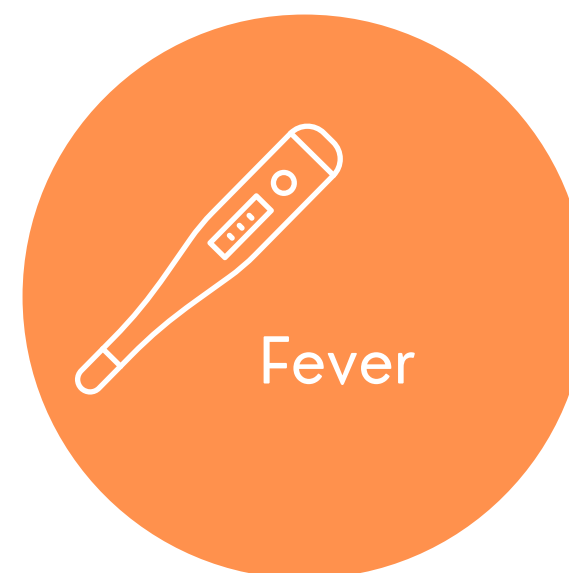
When should you use which?

Choose Tylenol (Acetaminophen) for...



Tylenol is often easier on the stomach than ibuprofen, but it can harm the liver if too much is taken.

Choose Ibuprofen (Advil/Motrin) for...



Ibuprofen may work better when pain is caused by inflammation, but it can irritate the stomach and may not be safe for everyone.

Safety Tips

- Check the label before taking any medicine.
- Do not take more than the recommended dose.
- Avoid taking multiple medicines with acetaminophen at the same time.
- Many cold and flu medicines already contain acetaminophen.
- Take ibuprofen with food or milk if it upsets your stomach.
- Ask a doctor before using ibuprofen if you have kidney disease, stomach ulcers, take blood thinners, are pregnant, or have certain heart conditions.
- Ask a doctor before using Tylenol if you have liver disease or drink alcohol regularly.



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Sources: FDA, MedlinePlus, Cleveland Clinic, American Academy of Family Physicians