Vaginal Discharge

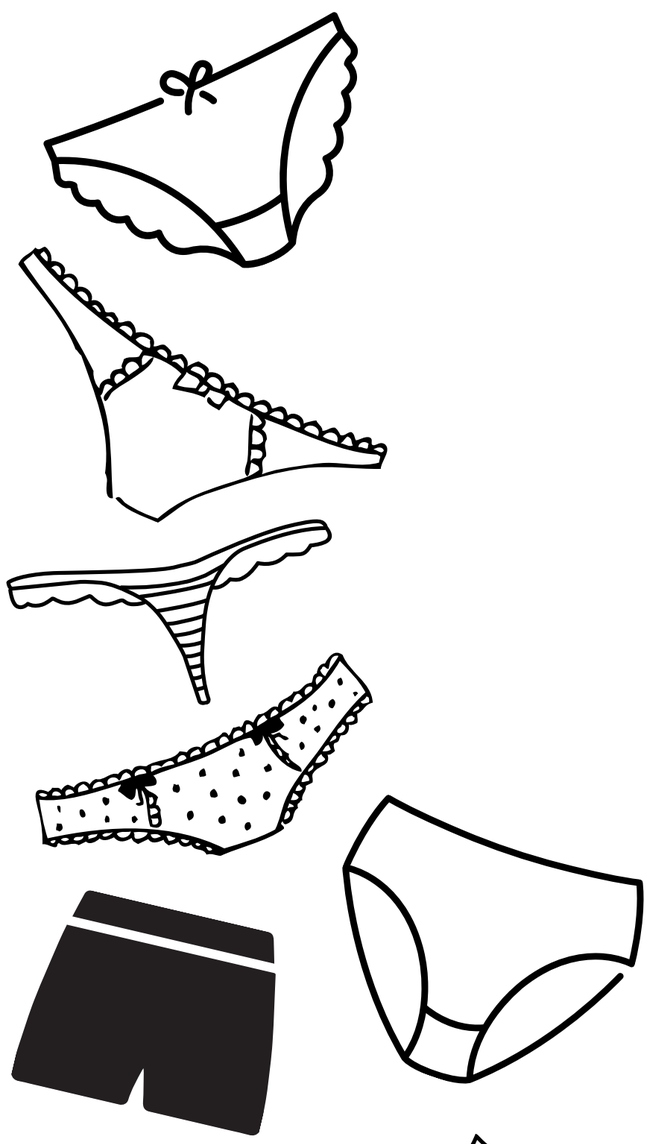
What is it?

- Fluid made by glands in the vagina and cervix that carry old cells out, keeping the vagina clean and healthy.
- Clear or milky, mucus-like substance that should not smell bad and may change color or consistency throughout the menstrual cycle

Is it normal?

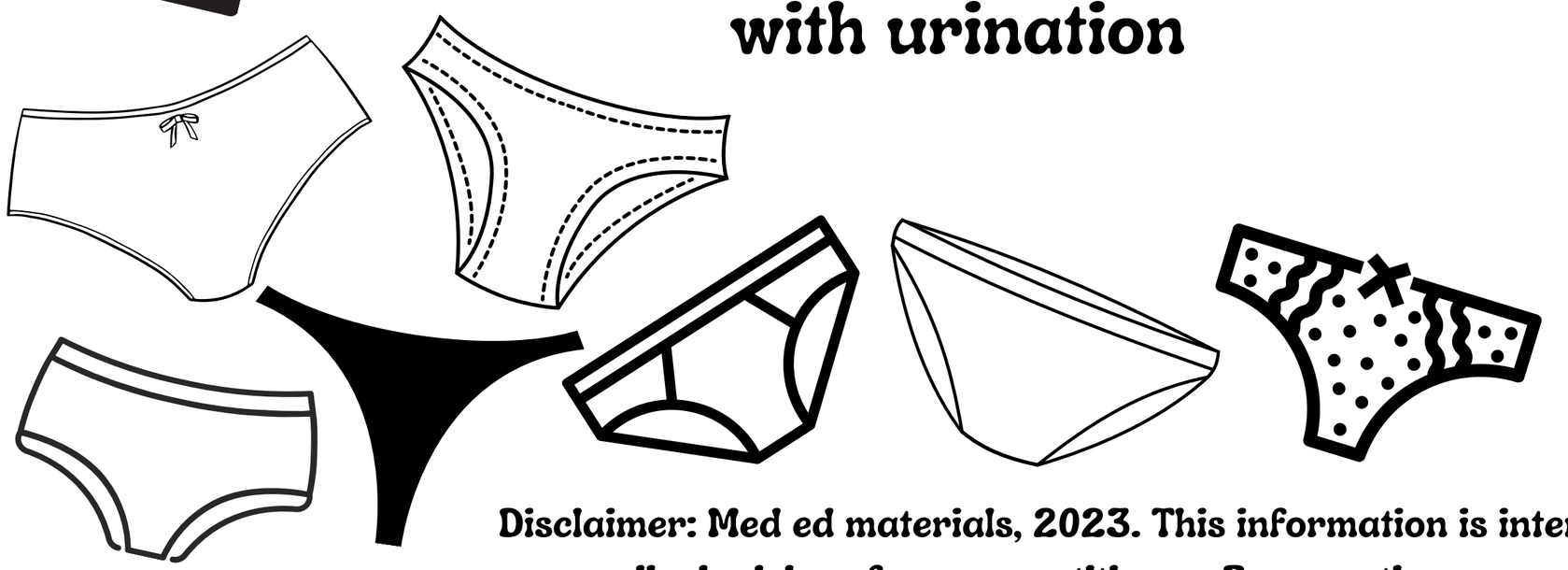
YES!

This is how a vagina cleans itself



When to see a healthcare provider:

- You notice a change in your typical discharge - smell, color, thickness, amount
- If you have new itching, irritation, pain with urination



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