



# What Describes Your

## DIZZINESS

**Vertigo** - I feel like the room is spinning when I stay still



**Disequilibrium** - I feel off balance like I'm going to fall

**Lightheadedness** - I feel woozy like I'm about to pass out or faint



**Weakness** - I feel like I am lacking my normal strength

**Something Else?**

Source <https://www.mayoclinic.org/diseases-conditions/dizziness/symptoms-causes/syc-20371787>

For More Information [www.mededmaterials.org](http://www.mededmaterials.org)

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