

WHAT IS OMM

OMM or Osteopathic Manipulative Medicine is a combination of hands on diagnostic techniques and procedures used to treat a variety of conditions. Osteopathic physicians can provide patients with a noninvasive and medication free option to combat many conditions.



WHAT CAN OMM TREAT

- Muscle or joint pain
- Sinus Congestion
- Migraines
- Carpal tunnel syndrome

OMM can treat short or long term issues. One common condition OMM is used for is chronic low back pain.

FOR MORE INFO VISIT

- <http://my.clevelandclinic.org/health/treatments/9095-omt-osteopathic-manipulation-treatment>
- www.ncbi.nlm.nih.gov/pmc/articles/PMC4159549/
- www.nhs.uk/conditions/osteopathy/

www.mededmaterials.org

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