

# Why Vaccination Is Important



## **Serious disease is still a threat.**

Although vaccines have greatly reduced the occurrence of harmful diseases, it is still possible to become infected.

## **Vaccines are the best way to protect yourself and loved ones from preventable disease.**

Vaccines help your body create antibodies (protective proteins that fight infections). Getting vaccinated can protect you and avoid spreading preventable diseases to other people in your household and community.

## **Not everyone can get vaccinated.**

Some people cannot get certain vaccines because they are too young, too old, have a weakened immune system, or have another serious health condition. These people are less likely to catch a preventable disease if you and others around them are vaccinated against it.

## **Vaccines can prevent serious illness.**

Some vaccine-preventable diseases can have serious complications, or can lead to other serious illnesses.

## **Vaccines are safe.**

The CDC and other experts carefully review safety data before recommending any vaccine, and continually monitor vaccine safety after approval.

## **Vaccines may be required.**

Vaccination may be required for people who work or frequent environments where they are often in close contact with others. This includes students, military personnel, rehabilitation/care center patients, and healthcare workers.

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**Sources:** <https://www.cdc.gov/vaccines/adults/reasons-to-vaccinate.html>



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